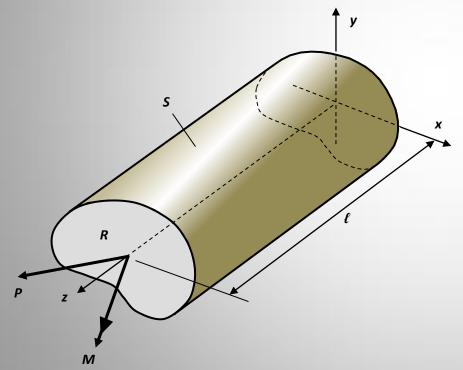
Chapter 9

Extension, Torsion and Flexure of Elastic Cylinders

Prismatic Bar Subjected to End Loadings



Semi-Inverse Method

Assume: $\sigma_x = \sigma_y = \tau_{xy} = 0$

Equilibrium Equations \Rightarrow

$$\frac{\partial \tau_{xz}}{\partial z} = \frac{\partial \tau_{yz}}{\partial z} = 0$$

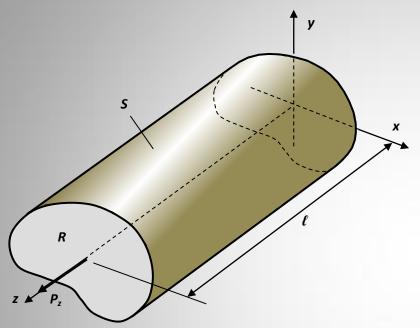
Compatibility Equations \Rightarrow

$$\frac{\partial^2 \sigma_z}{\partial x^2} = \frac{\partial^2 \sigma_z}{\partial y^2} = \frac{\partial^2 \sigma_z}{\partial z^2} = \frac{\partial^2 \sigma_z}{\partial z \partial y} = 0$$

Integrating \Rightarrow $\sigma_z = C_1 x + C_2 y + C_3 z + C_4 xz + C_5 yz + C_6$



Extension of Cylinders



Assumptions

- Load P_z is applied at centroid of crosssection so no bending effects
- Using Saint-Venant Principle, exact end tractions are replaced by statically equivalent uniform loading
- Thus assume stress σ_z is uniform over any cross-section throughout the solid

$$\Rightarrow \sigma_{z} = \frac{P_{z}}{A}, \tau_{xz} = \tau_{yz} = 0$$

and $\sigma_{x} = \sigma_{y} = \tau_{xy} = 0$

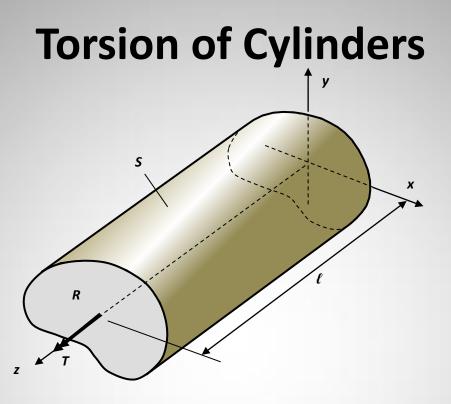
Using stress results into Hooke's law and combining with the straindisplacement relations gives

$$\frac{\partial u}{\partial x} = -\frac{vP_z}{AE}, \quad \frac{\partial v}{\partial y} = -\frac{vP_z}{AE}, \quad \frac{\partial w}{\partial z} = \frac{P_z}{AE}$$
$$\frac{\partial u}{\partial y} + \frac{\partial v}{\partial x} = 0, \quad \frac{\partial v}{\partial z} + \frac{\partial w}{\partial y} = 0, \quad \frac{\partial w}{\partial x} + \frac{\partial u}{\partial z} = 0$$

Integrating and dropping rigid-body motion terms such that displacements vanish at origin

$$u = -\frac{vP_z}{AE}x$$
$$v = -\frac{vP_z}{AE}y$$
$$w = \frac{P_z}{AE}z$$



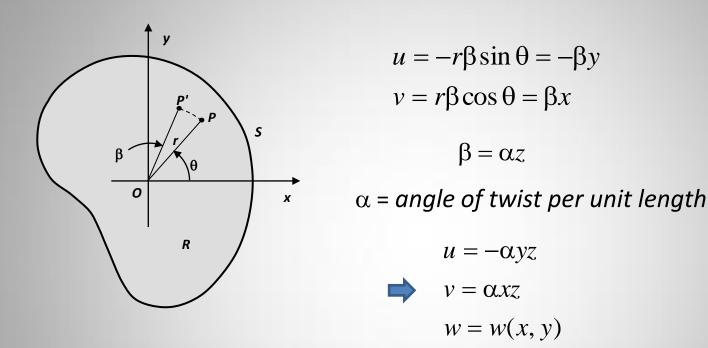


Guided by Observations from Mechanics of Materials

- projection of each section on x,y-plane rotates as rigid-body about central axis
- amount of projected section rotation is linear function of axial coordinate
- plane cross-sections will not remain plane after deformation thus leading to a warping displacement



Torsional Deformations



w = *warping displacement*

Now must show assumed displacement form will satisfy all elasticity field equations



Stress Function Formulation

$$u = -\alpha yz \qquad e_x = e_y = e_z = e_{xy} = 0 \qquad \sigma_x = \sigma_y = \sigma_z = \tau_{xy} = 0$$
$$\psi = \alpha xz \qquad \Rightarrow \qquad e_{xz} = \frac{1}{2} \left(\frac{\partial w}{\partial x} - \alpha y \right) \qquad \Rightarrow \qquad \tau_{xz} = \mu \left(\frac{\partial w}{\partial x} - \alpha y \right)$$
$$\psi = w(x, y) \qquad e_{yz} = \frac{1}{2} \left(\frac{\partial w}{\partial y} + \alpha x \right) \qquad \tau_{yz} = \mu \left(\frac{\partial w}{\partial y} + \alpha x \right)$$

Equilibrium Equations

$$\frac{\partial \tau_{xz}}{\partial x} + \frac{\partial \tau_{yz}}{\partial y} = 0$$

 $\frac{\partial \tau_{xz}}{\partial y} - \frac{\partial \tau_{yz}}{\partial x} = -2\mu\alpha$

Introduce *Prandtl Stress Function* $\phi = \phi(x, y)$: $\tau_{xz} = \frac{\partial \phi}{\partial y}$, $\tau_{yz} = -\frac{\partial \phi}{\partial x}$

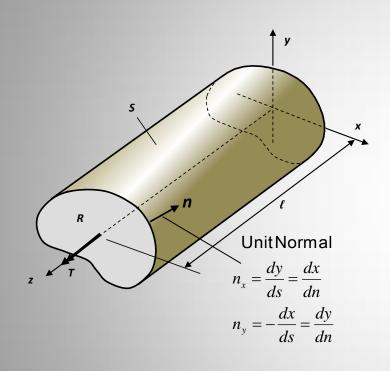
Equilibrium will be identically satisfied and compatibility relation gives

$$\nabla^2 \phi = \frac{\partial^2 \phi}{\partial x^2} + \frac{\partial^2 \phi}{\partial y^2} = -2\mu\alpha$$

a Poisson equation that is amenable to several analytical solution techniques



Boundary Conditions Stress Function Formulation



On Lateral Side: S

$$T_x^n = \varphi_x^n n_x + \varphi_y^n n_y + \tau_x n_z = 0 \Rightarrow 0 = 0$$

$$T_y^n = \tau_{xz} n_x + \tau_{yz} n_y + \tau_z n_z = 0 \Rightarrow 0 = 0$$

$$T_z^n = \tau_{xz} n_x + \tau_{yz} n_y + \sigma n_z = 0 \Rightarrow$$

$$\frac{\partial \phi}{\partial x} \frac{dx}{ds} + \frac{\partial \phi}{\partial y} \frac{dy}{ds} = 0 \Rightarrow \frac{d\phi}{ds} = 0 \Rightarrow \phi = \text{constant} = 0$$

$$\frac{On \text{ End: } R (z = \text{constant})}{P_x = \iint_R T_x^n dx dy = 0}$$

$$P_y = \iint_R T_y^n dx dy = 0$$

$$P_z = \iint_R T_z^n dx dy = 0$$

$$M_x = \iint_R y T_z^n dx dy = 0$$

$$M_y = \iint_R x T_z^n dx dy = 0$$

$$M_z = \iint_R (x T_y^n - y T_x^n) dx dy = T \Rightarrow T = 2 \iint_R \phi dx dy$$

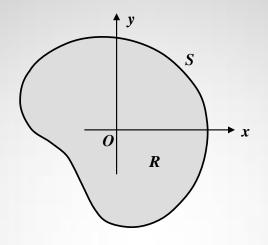


Displacement Formulation

 $\frac{\partial \tau_{xz}}{\partial r} + \frac{\partial \tau_{yz}}{\partial v} = 0 \qquad \Longrightarrow \qquad \frac{\partial^2 w}{\partial r^2} + \frac{\partial^2 w}{\partial v^2} = 0$ Displacement component satisfies Laplace's equation On Lateral Side: S $T_z^n = \tau_{xz} n_x + \tau_{yz} n_y + \sigma_z n_z = 0 \Longrightarrow$ $\left(\frac{\partial w}{\partial r} - y\alpha\right)n_x + \left(\frac{\partial w}{\partial v} + x\alpha\right)n_y = 0 \text{ or } \frac{dw}{dn} = \alpha(yn_x - xn_y)$ On End: R $M_{z} = \iint_{\mathcal{D}} (xT_{y}^{n} - yT_{x}^{n}) dxdy = T \Longrightarrow$ $T = \mu \iint_{R} \left(\alpha (x^{2} + y^{2}) + x \frac{\partial w}{\partial y} - y \frac{\partial w}{\partial x} \right) dx dy$ $T = \alpha J$ $J = \mu \iint_{R} \left(x^{2} + y^{2} + \frac{x}{\alpha} \frac{\partial w}{\partial y} - \frac{y}{\alpha} \frac{\partial w}{\partial x} \right) dx dy \dots$ Torsional Rigidity



Formulation Comparison



Stress Function Formulation

$$\nabla^2 \phi = \frac{\partial^2 \phi}{\partial x^2} + \frac{\partial^2 \phi}{\partial y^2} = -2\mu\alpha \in R$$
$$\phi = 0 \in S$$

Relatively Simple Governing Equation Very Simple Boundary Condition

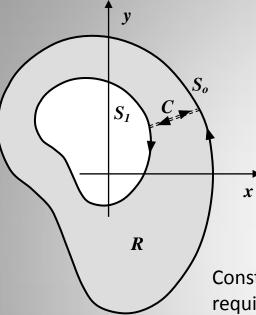
Displacement Formulation

$$\frac{\partial^2 w}{\partial x^2} + \frac{\partial^2 w}{\partial y^2} = 0 \in R$$
$$\left(\frac{\partial w}{\partial x} - y\alpha\right)n_x + \left(\frac{\partial w}{\partial y} + x\alpha\right)n_y = 0 \in S$$

Very Simple Governing Equation Complicated Boundary Condition

ELSEVIER

Multiply Connected Cross-Sections



Boundary conditions of zero tractions on all lateral surfaces apply to external boundary S_o and all internal boundaries S_1, \ldots Stress function will be a constant and displacement be specified as per (9.3.20) or (9.3.21) on each boundary S_i , $i = 0, 1, \ldots$

$$\phi = \phi_i \in S_i \text{ or } \left(\frac{\partial w}{\partial x} - y\alpha\right)n_x + \left(\frac{\partial w}{\partial y} + x\alpha\right)n_y = 0 \in S_i$$

where ϕ_i are constants. Value of ϕ_i may be arbitrarily chosen only on one boundary, commonly taken as zero on S_o . Constant stress function values on each interior boundary are found by requiring displacements w to be single-valued, expressed by

$$\oint_{S_1} dw(x, y) = 0 \implies \oint_{S_1} \tau ds = 2\mu\alpha A_1 \text{ where } A_1 \text{ is area enclosed by } S_1$$

Value of ϕ_1 on inner boundary S_1 must therefore be chosen so that relation is satisfied. If cross-section has more than one hole, relation must be satisfied for each hole.

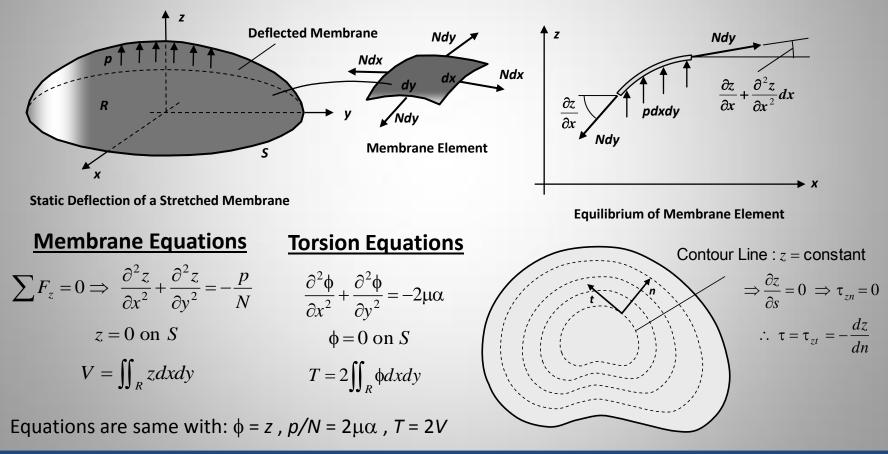
Boundary conditions on cylinder ends will be satisfied, and resultant torque condition will give

$$T = 2\iint_{R} \phi dx dy + 2\phi_1 A_1$$



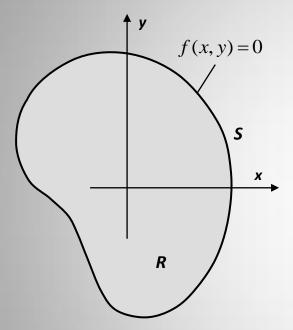
Membrane Analogy

Stress function equations are identical to those governing static deflection of an elastic membrane under uniform pressure. This creates an *analogy* between the two problems, and enables particular features from membrane problem to be used to aid solution of torsion problem. Generally used to providing insight into qualitative features and to aid in developing approximate solutions.





Torsion Solutions Derived from Boundary Equation



Boundary - Value Problem

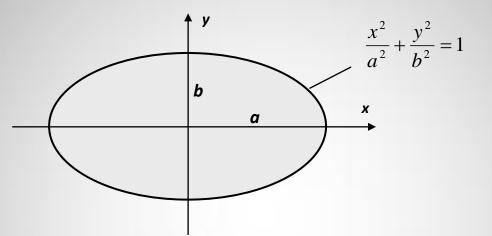
$$\frac{\partial^2 \phi}{\partial x^2} + \frac{\partial^2 \phi}{\partial y^2} = -2\mu\alpha \in R$$
$$\phi = 0 \in S$$

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If boundary is expressed by relation f(x,y) = 0, this suggests possible simple solution scheme of expressing stress function as $\phi = K f(x,y)$ where K is arbitrary constant. Form satisfies boundary condition on S, and for some simple geometric shapes it will also satisfy the governing equation with appropriate choice of K. Unfortunately this is not a general solution method and works only for special cross-sections of simple geometry.



Example 9.1 Elliptical Section

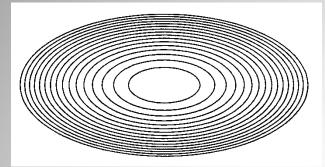


Look for Stress Function Solution $\phi = K \left(\frac{x^2}{a^2} + \frac{y^2}{b^2} - 1 \right)$ ϕ satisfies boundary condition and will satisfy governing governing if $K = -\frac{a^2b^2\mu\alpha}{a^2+b^2}$

Since governing equation and boundary condition are satisfied, we have found solution

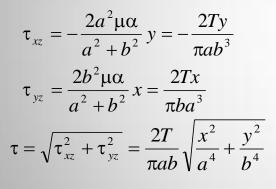


Elliptical Section Results

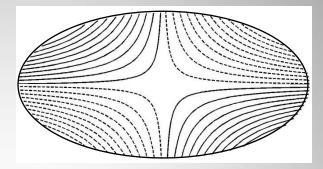


(Stress Function Contours)

Stress Field



$$\tau_{\max} = \tau(0, \pm b) = \frac{2T}{\pi a b^2}$$



(Displacement Contours)

Displacement Field

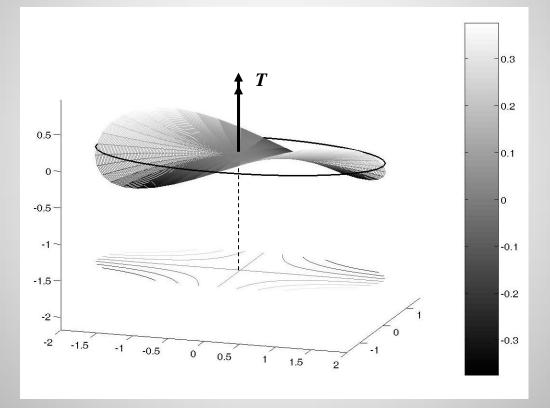
$$w = \frac{T(b^2 - a^2)}{\pi a^3 b^3 \mu} xy$$

Loading Carrying Capacity Angle of Twist

$$T = -\frac{2a^{2}b^{2}\mu\alpha}{a^{2} + b^{2}} \left(\frac{1}{a^{2}} \iint_{R} x^{2} dx dy + \frac{1}{b^{2}} \iint_{R} y^{2} dx dy - \iint_{R} dx dy \right)$$
$$T = \frac{\pi a^{3}b^{3}\mu\alpha}{a^{2} + b^{2}} \quad \text{or} \quad \alpha = \frac{T(a^{2} + b^{2})}{\pi a^{3}b^{3}\mu}$$

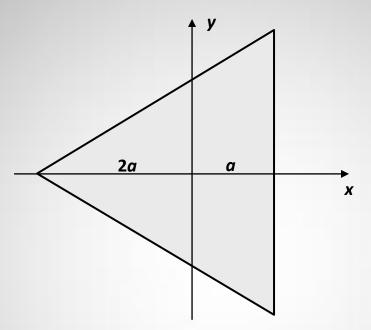


Elliptical Section Results 3-D Warping Displacement Contours





Example 9.2 Equilateral Triangular Section



For stress function try product form of each boundary line equation

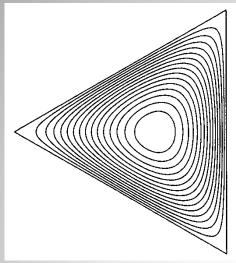
$$\phi = K(x - \sqrt{3}y + 2a)(x + \sqrt{3}y + 2a)(x - a)$$

 ϕ satisfies boundary condition and will satisfy governing governing if $K = -\frac{\mu\alpha}{6a}$

Since governing equation and boundary condition are satisfied, we have found solution



Equilateral Triangular Section Results



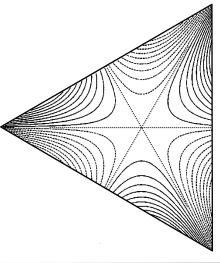
(Stress Function Contours)

Stress Field

$$\tau_{xz} = \frac{\mu\alpha}{a} (x-a)y$$

$$\tau_{yz} = \frac{\mu\alpha}{2a} (x^2 + 2ax - y^2)$$

$$\tau_{max} = \tau_{yz} (a,0) = \frac{3}{2}\mu\alpha a = \frac{5\sqrt{37}}{18a^3}$$



(Displacement Contours)

Displacement Field

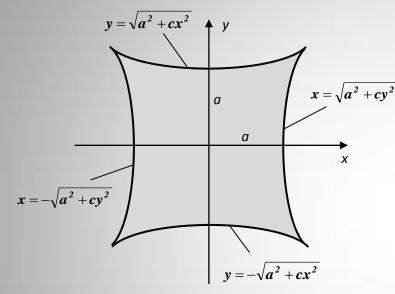
$$w = \frac{\alpha}{6a} y(3x^2 - y^2)$$

<u>Loading Carrying Capacity</u> <u>Angle of Twist</u>

$$T = \frac{27}{5\sqrt{3}}\mu\alpha a^4 = \frac{3}{5}\mu\alpha I_p$$

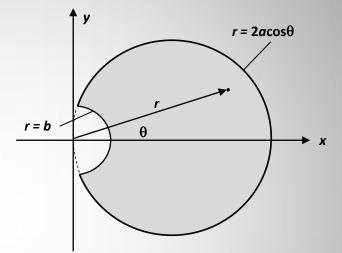


Additional Examples That Allow Simple Solution Using Boundary Equation Scheme



Section with Higher Order Polynomial Boundary (Example 9-3)

$$\phi = K(a^{2} - x^{2} + cy^{2})(a^{2} + cx^{2} - y^{2})$$
$$K = -\frac{\mu\alpha}{4a^{2}(1 - \sqrt{2})}, c = 3 - \sqrt{8}$$
$$\tau_{\max} = \tau(\pm a, 0) = \tau(0, \pm a) = \sqrt{2}\mu\alpha a$$



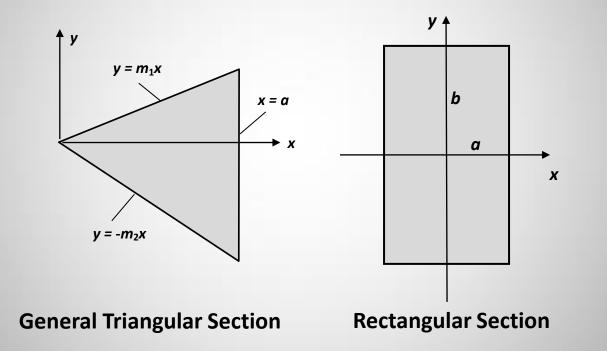
Circular Shaft with Circular Keyway (Exercise 9-22/23)

$$\phi = \frac{\mu\alpha}{2} (b^2 - r^2) (1 - \frac{2a\cos\theta}{r})$$
As $b/a \to 0$ $\frac{(\tau_{\max})_{keyway}}{(\tau_{\max})_{solidshaft}} \to \frac{2\mu\alpha a}{\mu\alpha a} = 2$

$$\therefore$$
 Stress Concentration of 2

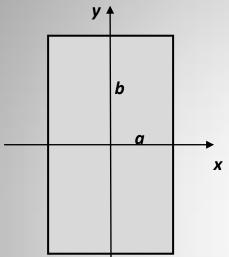


Examples That Do Not Allow Simple Solution Using Boundary Equation Scheme





Example 9.4 Rectangular Section Fourier Method Solution



Previous boundary equation scheme will not create a stress function that satisfies the governing equation. Thus we must use a more fundamental solution technique - Fourier method. Thus look for stress function solution of the standard form

 $\phi = \phi_h + \phi_p$ with $\phi_p(x, y) = \mu \alpha (a^2 - x^2)$

homogeneous solution must then satisfy

$$\nabla^2 \phi_h = 0$$
, $\phi_h(\pm a, y) = 0$, $\phi_h(x, \pm b) = -\mu \alpha (a^2 - x^2)$

Separation of Variables Method $\Rightarrow \phi_h(x, y) = X(x)Y(y) \Rightarrow \frac{\partial^2 \phi}{\partial x^2} + \frac{\partial^2 \phi}{\partial y^2} = -2\mu\alpha$

$$\Rightarrow \phi_h(x, y) = \sum_{n=1}^{\infty} B_n \cos \frac{n\pi x}{2a} \cosh \frac{n\pi y}{2a} \qquad B_n = -32\mu\alpha a^2 (-1)^{(n-1)/2} / \left(n^3 \pi^3 \cosh \frac{n\pi b}{2a} \right)$$

$$\phi = \mu \alpha (a^2 - x^2) - \frac{32\mu \alpha a^2}{\pi^3} \sum_{n=1,3,5\cdots}^{\infty} \frac{(-1)^{(n-1)/2}}{n^3 \cosh \frac{n\pi b}{2a}} \cos \frac{n\pi x}{2a} \cosh \frac{n\pi y}{2a}$$



Rectangular Section Results

Stress Field

$$\tau_{xz} = \frac{\partial \phi}{\partial y} = -\frac{16\mu\alpha a}{\pi^2} \sum_{n=1,3,5\cdots}^{\infty} \frac{(-1)^{(n-1)/2}}{n^2 \cosh\frac{n\pi b}{2a}} \cos\frac{n\pi x}{2a} \sinh\frac{n\pi y}{2a}$$

$$\tau_{yz} = -\frac{\partial \phi}{\partial x} = 2\mu\alpha x - \frac{16\mu\alpha a}{\pi^2} \sum_{n=1,3,5\cdots}^{\infty} \frac{(-1)^{(n-1)/2}}{n^2 \cosh\frac{n\pi b}{2a}} \sin\frac{n\pi x}{2a} \cosh\frac{n\pi y}{2a}$$

$$\tau_{\max} = \tau_{yz}(a,0) = 2\mu\alpha a - \frac{16\mu\alpha a}{\pi^2} \sum_{n=1,3,5\cdots}^{\infty} \frac{1}{n^2 \cosh\frac{n\pi b}{2a}}$$

Loading Carrying Capacity/Angle of Twist

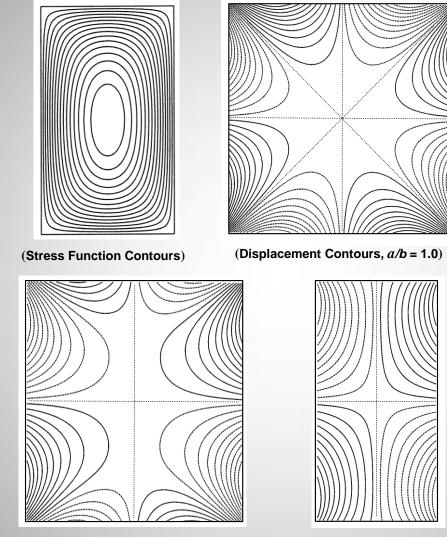
$$T = \frac{16\mu\alpha a^{3}b}{3} - \frac{1024\mu\alpha a^{4}}{\pi^{5}} \sum_{n=1,3,5\dots}^{\infty} \frac{1}{n^{5}} \tanh\frac{n\pi b}{2a}$$

Displacement Field

$$w = \alpha xy - \frac{32\alpha a^2}{\pi^3} \sum_{n=1,3,5\cdots}^{\infty} \frac{(-1)^{(n-1)/2}}{n^3 \cosh \frac{n\pi b}{2a}} \sin \frac{n\pi x}{2a} \sinh \frac{n\pi y}{2a}$$



Rectangular Section Results



(Displacement Contours, a/b = 0.9)

(Displacement Contours, a/b = 0.5)



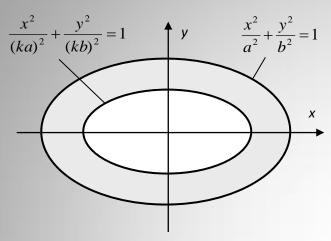
Torsion of Thin Rectangular Sections (a<<b) Investigate results for special case of a very thin *rectangle* with $a \ll b$. Under conditions of $b/a \gg 1$ b $\cosh \frac{n\pi b}{2a} \rightarrow \infty \text{ and } \tanh \frac{n\pi b}{2a} \rightarrow 1$ а $\phi = \mu \alpha (a^2 - x^2)$ Х $\Rightarrow \tau_{\text{max}} = 2\mu\alpha a$ $T = \frac{16}{3}\mu\alpha a^3 b$ **Composite Sections** y Torsion of sections composed of thin 3 rectangles. Neglecting local regions where rectangles are joined, we can use thin rectangular solution over each section. Stress function contours shown justify these 1 X assumptions. Thus load carrying torque for such composite section will be given by 2 $T = \frac{16}{3} \mu \alpha \sum_{i=1}^{N} a_i^3 b_i$

(Stress Function Contours)

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(Composite Section)

Example 9.5 Hollow Elliptical Section



For this case lines of constant shear stress coincide with both inner and outer boundaries, and so no stress will act on these lateral surfaces. Therefore, hollow section solution is found by simply removing inner core from solid solution. This gives same stress function and stress distribution in remaining material.

$$\phi = -\frac{a^2b^2\mu\alpha}{a^2 + b^2} \left(\frac{x^2}{a^2} + \frac{y^2}{b^2} - 1\right)$$

Constant value of stress function on inner boundary is $\phi_i = -\frac{a^2b^2\mu\alpha}{a^2+b^2}(k^2-1)$

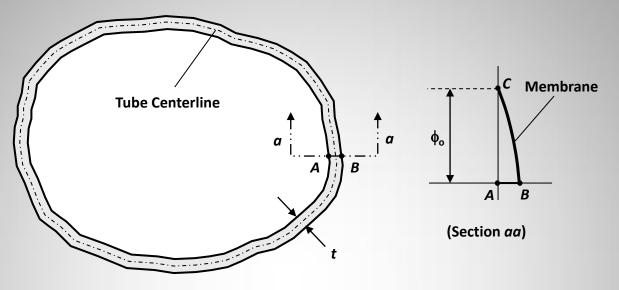
Load carrying capacity is determined by subtracting load carried by the removed inner cylinder from the torque relation for solid section

$$T = \frac{\pi a^3 b^3 \mu \alpha}{a^2 + b^2} - \frac{\pi (ka)^3 (kb)^3 \mu \alpha}{(ka)^2 + (kb)^2} = \frac{\pi \mu \alpha}{a^2 + b^2} a^3 b^3 (1 - k^4)$$

Maximum stress still occurs at x = 0 and $y = \pm b$ $\tau_{max} = \frac{2T}{\pi a b^2} \frac{1}{1 - k^4}$



Hollow Thin-Walled Tube Sections



With *t*<<1 implies little variation in membrane slope, and *BC* can be approximated by a straight line. Since membrane slope equals resultant shear stress

Load carrying relation:
$$T = 2 \iint_{R} \phi dx dy + 2\phi_{o}A_{i} = 2\left(A\frac{\phi_{o}}{2}\right) + 2\phi_{o}A_{i} = 2\phi_{o}A_{o}$$

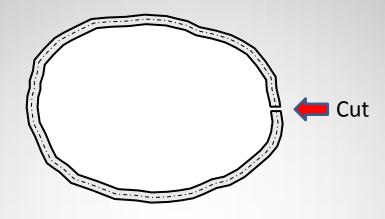
where A = section area, A_i = area enclosed by inner boundary, A_c = area enclosed by centerline

Combining relations
$$\Rightarrow \tau = \frac{T}{2A_c t}$$

Angle of twist: $\oint_{S_c} \tau ds = 2\mu\alpha A_c \Rightarrow \alpha = \frac{TS_c}{4A_c^2\mu t}$ where S_c = length of tube centerline



Cut Thin-Walled Tube Sections



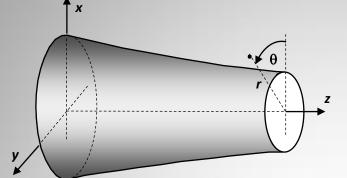
Cut creates an open tube and produces significant changes to stress function, stress field and load carrying capacity. Open tube solution can be approximately determined using results from thin rectangular solution. Stresses for open and closed tubes can be compared and for identical applied torques, the following relation can be established (see Exercise 9-24)

$$\frac{\tau_{OpenTube}}{\tau_{ClosedTube}} \approx \frac{\frac{3}{2} \frac{T}{aA_s}}{\frac{T}{2A_c t}} \approx 6 \frac{A_c}{A_s} \text{, but since } A_c >> A_s \Rightarrow \frac{\tau_{OpenTube}}{\tau_{ClosedTube}} >> 1 \Rightarrow \tau_{OpenTube} >> \tau_{ClosedTube}$$

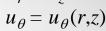
: Stresses are higher in open tube and thus closed tube is stronger

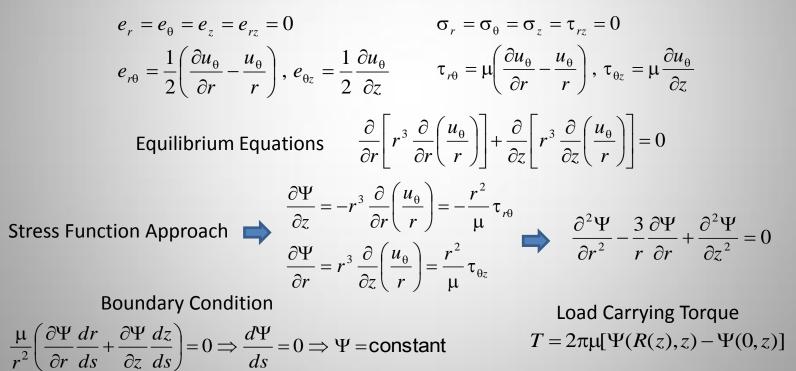


Torsion of Circular Shafts of Variable Diameter



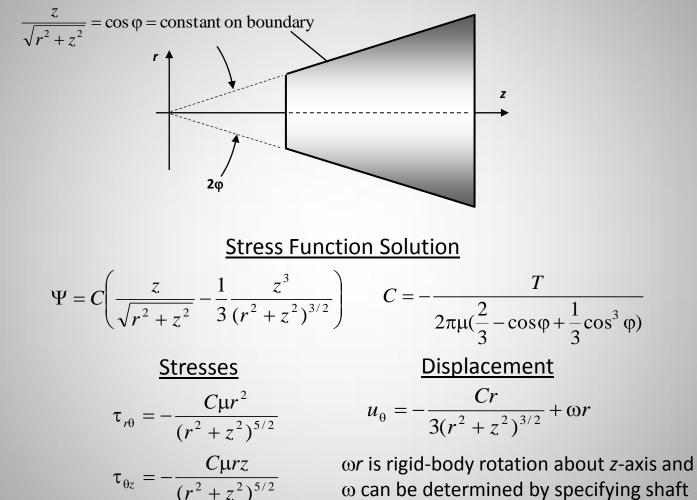
 $\frac{\text{Displacement Assumption}}{u_r = u_z = 0}$







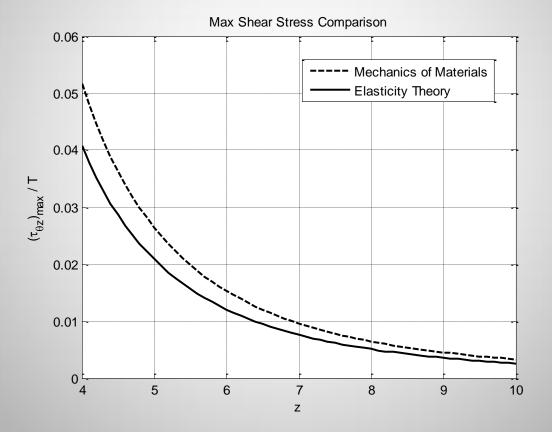
Conical Shaft Example 9-7



 ω can be determined by specifying shaft rotation at specific z-location

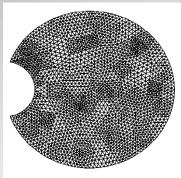


Conical Shaft Example 9-7 ϕ = 30° Comparison with Mechanics of Materials

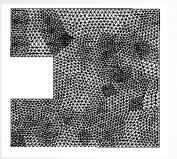




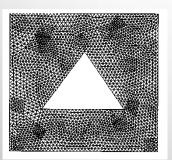
Numerical FEA Torsion Solutions



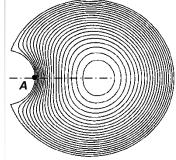
(4224 Elements, 2193 Nodes)



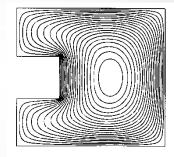
(4928 Elements, 2561 Nodes)



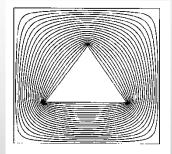
(4624 Elements, 2430 Nodes)



(Stress Function Contours)



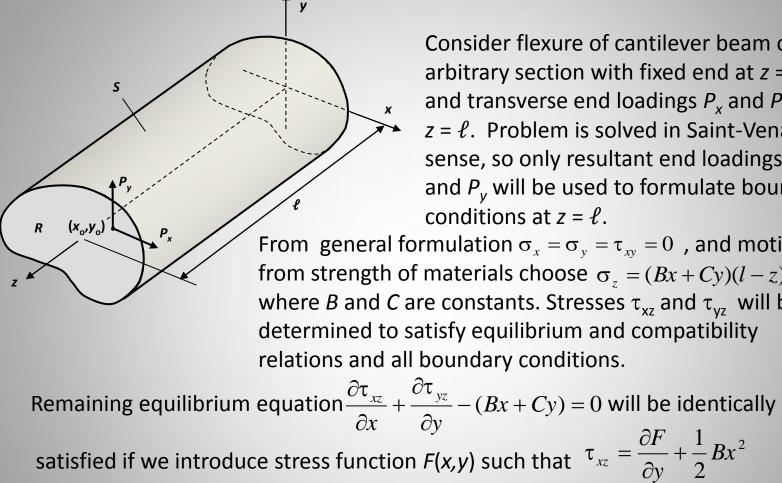
(Stress Function Contours)



(Stress Function Contours)



Flexure of Cylinders



Consider flexure of cantilever beam of arbitrary section with fixed end at z = 0and transverse end loadings P_x and P_y at $z = \ell$. Problem is solved in Saint-Venant sense, so only resultant end loadings P_x and P_v will be used to formulate boundary conditions at $z = \ell$.

 $\tau_{yz} = -\frac{\partial F}{\partial x} + \frac{1}{2}Cy^2$

From general formulation $\sigma_x = \sigma_y = \tau_{xy} = 0$, and motivated from strength of materials choose $\sigma_z = (Bx + Cy)(l - z)$, where B and C are constants. Stresses τ_{xz} and τ_{yz} will be determined to satisfy equilibrium and compatibility relations and all boundary conditions.



Flexure Formulation

Remaining Beltrami-Michell Compatibility Relations

$$\frac{\partial}{\partial y}(\nabla^2 F) + \frac{\nu B}{1+\nu} = 0$$

$$-\frac{\partial}{\partial x}(\nabla^2 F) + \frac{\nu C}{1+\nu} = 0$$

$$\nabla^2 F = \frac{\nu}{1+\nu}(Cx - By) - 2\mu\alpha$$

Zero Loading Boundary Condition on Lateral Surface S

$$\tau_{xz}n_x + \tau_{yz}n_y = 0 \implies \frac{dF}{ds} = -\frac{1}{2}(Bx^2\frac{dy}{ds} - Cy^2\frac{dx}{ds})$$

<u>Separate Stress Function F into Torsional Part ϕ and Flexural Part ψ </u>

 $F(x, y) = \phi(x, y) + \psi(x, y)$

$$\nabla^2 \phi = -2\mu\alpha \text{ in } R \qquad \qquad \nabla^2 \psi = \frac{v}{1+v}(Cx - By) \text{ in } R$$
$$\frac{d\phi}{ds} = 0 \text{ on } S \qquad \qquad \frac{d\psi}{ds} = -\frac{1}{2}(Bx^2\frac{dy}{ds} - Cy^2\frac{dx}{ds}) \text{ on } S$$



Flexure Formulation

General solution to
$$\nabla^2 \psi = \frac{v}{1+v}(Cx - By)$$
 \Longrightarrow
 $\psi(x, y) = f(x, y) + \frac{1}{6}\frac{v}{1+v}(Cx^3 - By^3)$ where $\nabla^2 f = 0$

Boundary Conditions on end $z = \ell$

$$\iint_{R} \tau_{xz} dx dy = P_{x}$$

$$\iint_{R} \tau_{yz} dx dy = P_{y}$$

$$BI_{y} + CI_{xy} = -P_{x}$$

$$BI_{xy} + CI_{x} = -P_{y}$$

$$C = -\frac{P_{x}I_{x} - P_{y}I_{xy}}{I_{x}I_{y} - I_{xy}^{2}}$$

where I_x , I_y and I_{xy} are the area moments of inertia of section R

$$\iint_{R} [x\tau_{yz} - y\tau_{xz}] dxdy = x_{o}P_{y} - y_{o}P_{x} \implies$$
$$\alpha J + \iint_{R} \left(\frac{1}{2} (Cxy^{2} - Bx^{2}y) - (x\frac{\partial\psi}{\partial x} + y\frac{\partial\psi}{\partial y}) \right) dxdy = x_{o}P_{y} - y_{o}P_{x}$$

where J is the torsional rigidity – final relation determines angle of twist α



Flexure Example - Circular Section with No Twist

