For Temperature between 850 °C to 1200 °C

$$\dot{\varepsilon} = 10.4 \, \sigma^{3.4} exp\left(\frac{-19600}{T}\right) + \frac{3.5 \times 10^4 \sigma^{1.4} exp\left(\frac{-19600}{T}\right)}{\left[1 + 274 \int_{t1}^t exp\left(\frac{-19600}{T}\right) (T - 1105)^{3.72} \, dt\right]}$$

Where $\dot{\varepsilon}$ is the transverse deformation rate in s⁻¹, σ is transverse stress in MPa, t is the time in s, T is temperature in K, and t1 is the time when T= 1123 K